

Sex:

An Uncensored Introduction

By Nikol Hasler

As soon as you get your hand down there, you may notice that your girlfriend is wet...The clitoris lives underneath. It likes to be rubbed gently. Every girl is different, and some respond to an up-and-down motion, others left-to-right, and some like a circular motion, others in only one direction. ...Some girls are more sensitive than others, and rubbing your fingers between her labia may drive her wild, or make her just go “Meh.” At the bottom of the labia is the entrance to the vagina itself. If your girlfriend is ready for it and wants you to, insert your finger here. It’s best to start with one finger. With your palm facing up, raise your middle finger and gently rub against the opening. If it feels like she’s ready for you to penetrate her—and you can always ask if you’re not sure—start inserting your finger slowly, then gently pulling in and out. ...If the opening is wider, she may enjoy two fingers, but don’t go adding fingers before she’s ready—that’s no fun for anyone.

...HAND JOBS

This is when you stimulate your boyfriend’s penis with your hand. When you first touch a penis, it’ll feel like a hard rod of flesh, but just because it seems solid doesn’t mean you should treat it like an iron bar. ...If the guy has a foreskin, it will move back and forth allowing you to give him a hand job without worrying about the friction. If the guy doesn’t have a foreskin, you’ll find that his penis may need lubrication to allow the motion. Some people choose to spit on or lick their hand before attempting to give a hand job, others use lubes that are light and water-based, like K-Y. Lotion works as long as it is mild, unscented, and kept

away from the tip of the penis, (you don’t want to get it into the urethra). You could also use a guy’s pre-cum as lubrication.

While it seems that the options for performing a hand job are restricted to up and down, it doesn’t have to be as simple as that. For one thing, the most sensitive part of the penis is the head, so you should give that part some extra attention. Try alternating between a harder and softer grip, using different hands (or both), or gently playing with his balls with one hand while stroking the penis with the other. There is a whole world of possibilities!

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Put a dollop of lubricant on a finger and (gently!) slide a finger into the other person’s butt. ...After the person feels relaxed enough with one finger, try two, and if that goes well, put a third finger under the other two. Three fingers is about the width of the average penis, so if you can slide your fingers back and forth easily enough, chances are your partner is ready for the real thing. ...While it is possible to have anal in the missionary position (lying down, facing each other), it’s easier to start anal sex with the person about to be penetrated lying on their front or on all fours with their back arched, and butt in the air. ...Guys have something inside of their butts called a prostate gland, which, when stimulated with a finger, toy, or penis, feels good and can even lead to orgasm.

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